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TOPICAL RETINOID CARE SHEET

Begin use by applying a pea-sized amount every third night and increase frequency to nightly as able.

Applying an oil-free moisturizer first and then applying the topical retinoid can help combat dryness/irritation.

Dryness, burning/stinging, and redness are common side effects with use. Using mild cleansers and moisturizers (such as Cerave, Cetaphil, and Vanicream products) can combat these side effects.

Increased sun sensitivity can also occur with retinoid product use. Conscientious use of sun screens and protective hats and clothing is recommended.

Please contact our office with any concerns.