**CRYOTHERAPY**

**AFTER-CARE INSTRUCTIONS**

Skin lesions treated by cryotherapy (freezing by the use of liquid nitrogen) will act much like a burn. The site will become red, tender, and may blister. It will become rough and may scale. Generally in 1-3 weeks the scab will fall off leaving a pink area that slowly fades. If the lesion that was treated does not resolve, contact your doctor. Also contact you doctor for the following signs of infection:

1. Expanding redness
2. Increasing pain
3. Fever
4. Drainage of pus

Care: the area may be gently cleansed with soap and water. If there are open areas, apply an ointment such as Vaseline or Aquaphor. A loose band aid or dressing may be applied but is not necessary unless there are open areas. For discomfort, Tylenol (acetaminophen) may be taken. Cool compresses or ice off and on may be helpful. Bulging blisters can be drained by piercing the top with a clean needle; keep the skin intact.

Most spots that are treated by freezing should scab, peel, and fade away over 1-2 months. Report any persistent spots.