

**EFUDEX/CARAC (5-FLUOROURACIL)/ZYCLARA/ALDARA (IMIQUMOD)  
TREATMENT**

**AFTER-CARE INSTRUCTIONS**

1. Use medication for prescribed time so the medication can work on the site. The expected response to treatment is that areas become red, crusty, and eroded (loss of top layer of skin). Call if you have excessive irritation.
2. Cleanse areas with a gentle soap and moisturize (Cetaphil, CeraVe, or Dove products).
3. Apply Vaseline or Aquaphor to any open areas until healed.
4. Be diligent about sun protection (i.e., avoid sun or use protective clothing and a hat if sunscreens are irritating).
5. May cover with make-up
6. Cool compresses/ice packs or Tylenol for pain
7. The redness should fade in 2-3 weeks.
8. Call our office with any concerns. 701-0070